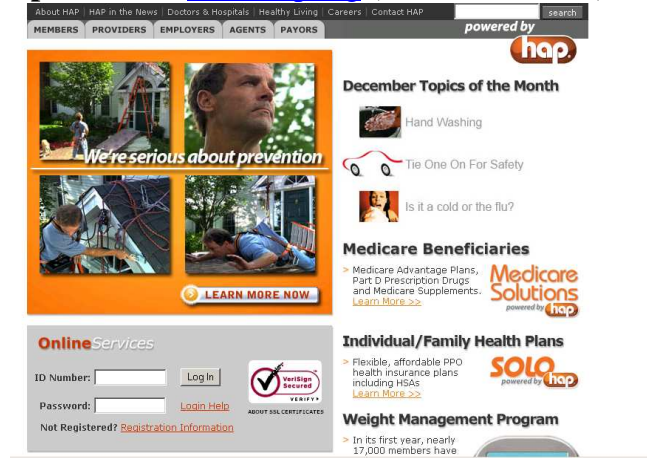
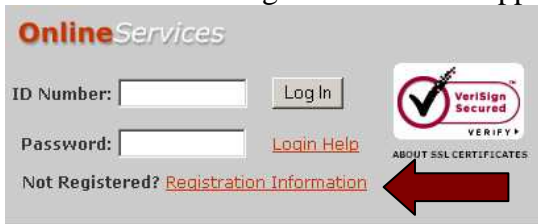


## How to Register at [www.hap.org](http://www.hap.org)

**Step 1:** Go to [www.hap.org](http://www.hap.org) (the HAP website)



**Step 2:** Click on “Registration Information” located in the grey Online Services box. A new box titled “Register Now” will appear with a variety of choices, click on “member”.



Then **member** ←

**Step 3:** Enter your HAP ID Number (located on your HAP ID card) and create a password. *Choose a password you will remember easily.*

ID Number:

Last Name:

First Name:

Social Security Number (last 4 digits):

Date of Birth (e.g. 01/30/2001):

Primary Email (e.g. bsmith@gmail.com):

Please create a password. Password must be 5-8 characters and must not contain any spaces or special characters (i.e. @, #, \$, %, /, ?)

Password:

Re-enter Password:

**Step 4:** Review the “Online Member Services Registration Information” page. Click on the orange statement on the bottom of the page that reads “Click here to log into the secure HAP Member site”

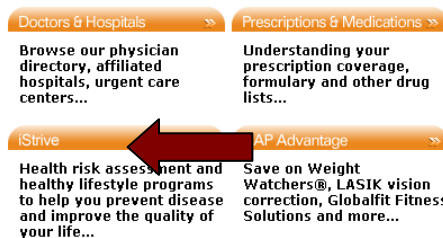
[Click here to log into the secure HAP Member site](#) ←

**Step 5:** When the registration process is complete, you will be redirected to [www.hap.org](http://www.hap.org). Use your HAP ID number and password you just created to enter the site.

## How to Access iStrive from [www.hap.org](http://www.hap.org)

**Step 1:** Enter your HAP ID Number and password that was created during registration in the grey Online Services box. *If you have forgotten your password click on “Login Help” also located in the grey Online Services Box.*

**Step 2:** Once logged in, you will find yourself at the member page. There are a number of services available to HAP members on this page. Click on the iStrive tab.



**Step 3:** The “Online Member Services” page will appear. Read the information, enter your email address (if you have one) to receive supportive materials and newsletters. Then click “Agree” or “Disagree” with HAP having access to your *iStrive* information.

E-mail is used to provide you with important information about your tailored programs. If you do not provide us with your e-mail address, you will miss out on alerts and activities. **Your e-mail address will not be sold or used by a third party without your specific permission.**

E-mail address:

Re-Enter E-mail address:

Agree Disagree

**Step 4:** Welcome to iStrive for better health! Click the “Next” button.

Welcome to iStrive for better health

At HAP, we take the time to understand you as a unique individual. That's why we've created the iStrive for better health program. We'll ask you about your health concerns and strengths. Then we'll develop a personal plan just for you, as unique as your personality. Please click on next to continue.

Next >

**Step 5:** Click on the “star” to go to your programs page. There you will find the Succeed® health risk assessment.



For questions contact HAP’s Client Services Department at **1-800-422-4641**