



STAFF SENATE MEETING MINUTES

January 23, 2008

Council members present: Nancy Bunton, Varvara Burden, Frank deHesselle, Joyce Genat, Beth Gierada, Clifton Johnson, Phyllis Jones, Mary Power, Gabe Sauvie, Caroline Schmitz

Staff present: Alice Avedisian, Brent Bishop, Tamara Botzen, Tamara Braswell, Yi Feng, Joann Fitzgerald, Dorrie Frontera, Melissa Grunow, Sallie Ilg, Sherri Kerby, Aleta Mack, Janail Silver, Elizabeth Simmons, Tracy Thomas

Departments present: Advancement; Architecture; Arts & Sciences: Dean, Math, Natural Sciences; Dining Services; Engineering: Dean; EDCC; Library; Management; President; Provost; Leadership Programs; Student Affairs: Dean, Career Services, Enrollment Services, Housing.

Approval of Minutes

The staff unanimously approved the minutes from the meeting on November 27, 2007.

Updates on Committees

Staff Recognition Committee

Janail Silver announced the staff member of the month. Tamara Braswell from Housing is the first nominee of the year. Congratulation to Tamara!

Health and Wellness Committee


The lunchtime walks kick-off was sponsored by HAP on January 9, and went really well. Over 30 interested staff members showed up to walk on that day, and are continuing their walks twice a week, on Mondays and Wednesdays at noon, meeting at the Buell building Atrium. HAP would like to assess the success of this walk program later in March by surveying participants, and by re-measuring participants who volunteered their health information at the kick-off.

The walk program wrap-up meeting will be held in April. During that meeting HAP surveys will be distributed to all walk participants, and a gift will be awarded to the most dedicated walker.

Spring Speakers and Events

Staff Senate meetings will be held at noon in different locations this term – please make sure to check the schedule!

FEBRUARY Tuesday, February 26 M218 <i>Modern LTU History</i> Bruce Annett, University Advancement

MARCH Wednesday, March 12 Cafeteria <i>St. Patrick's Day Party</i>  Social Committee
Tuesday, March 25 M336 <i>Exercise and Stress Management</i> Clinton Brawner, HAP Exercise Physiologist

APRIL Tuesday, April 29 M218 <i>Campus Security and Emergency Preparedness</i> Harry Butler, Campus Safety
<i>Student Privacy/FERPA Regulations</i> Holly Diamond and Noreen Ferguson, Enrollment Services

Featured Presentations

Dining Services Updates

Brent Bishop gave an update on the new developments in Dining Services. The new menus incorporate trans fat free choices, non-processed, local, organic food made from scratch, and a lot more educational information about nutrition and healthy eating habits. New programs, such as Food 4 Live and Sensible Choice will be implementing the new philosophy of consuming 30% less fat, eliminating trans fats, limiting sugars, and decreasing sodium in our daily diet. Food will be labeled with stickers describing the type of food (low carb, low sodium, vegan, etc.), and food will continue to be served in foam-free, new bio-friendly plates/cups.

Pilot programs like free meal cards, frequent user discounts, and mug programs (purchase a mug from Dining Services, get refills for only \$.50) are already in existence. More programs will be developed with staff help.

All interested staff members are encouraged to contact Brent to sign up for focus groups to discuss the new menus, programs, and staff meal plans. Several staff members signed up at the meeting. Brent will be contacting everybody with the exact date and location. The meetings will be about one hour long, and staff will be asked to sample various dishes, and to think creatively about what they would like to see added/improved on the menu.

Brent will distribute his presentation to the staff electronically.

Nutrition

Mary Lonergan, a HAP Registered Dietitian and Nutrition Specialist, gave a fascinating presentation on the value of proper nutrition, particularly concentrating on the nutrients found in soy products, as well as foods and supplements containing omega-3. Please contact Varvara Burden (x2000) for copies of this presentation, which contains great soy recipes, as well as tips on healthy eating.

The meeting adjourned at 1:30 pm.

Submitted by Varvara Burden